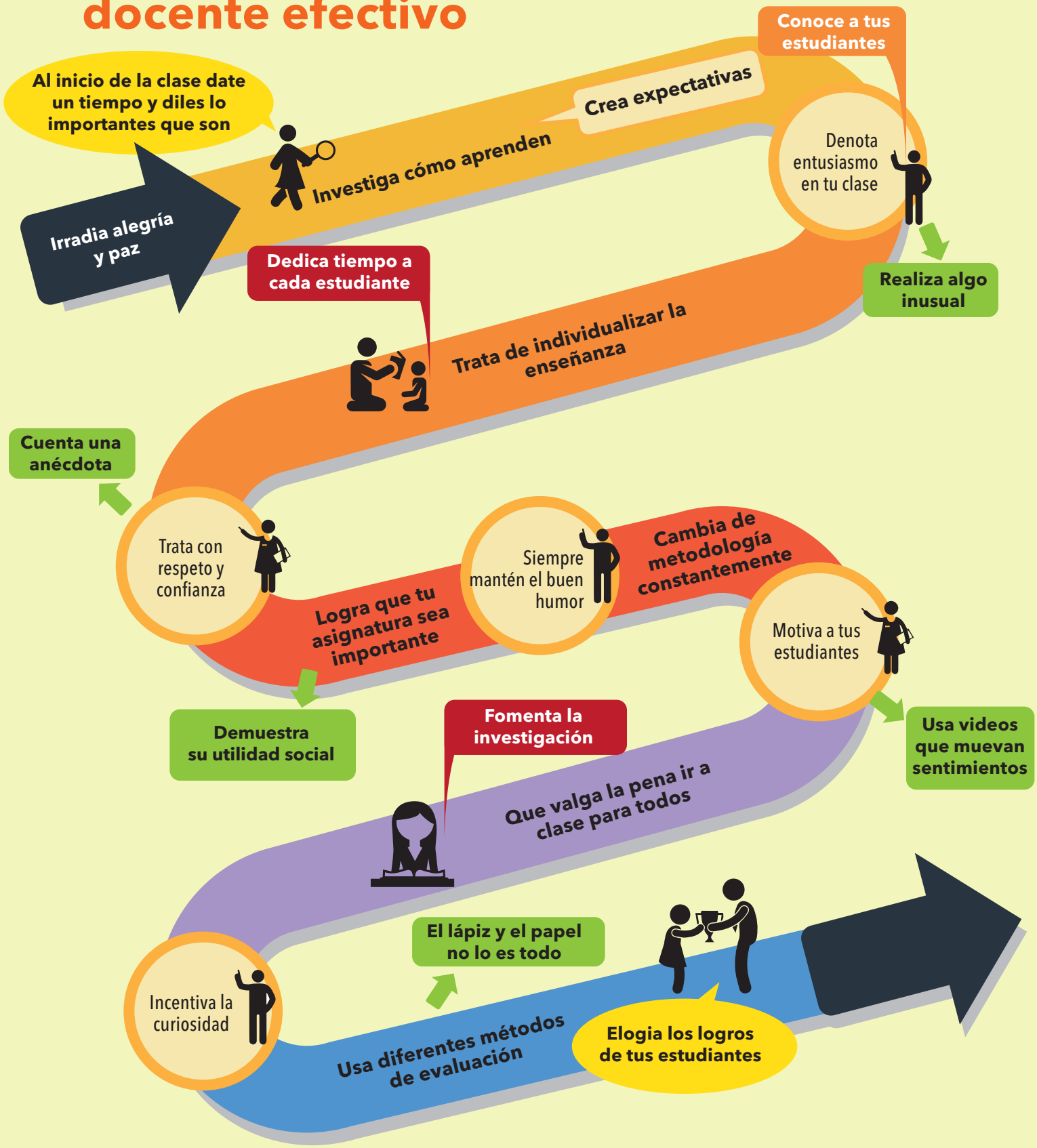Consejos para ser un docente efectivo